



Oral Surgery Pre-Operative Instructions

1. Please wear loose comfortable clothing including a short-sleeved shirt.
2. Please **do not** wear contact lenses, makeup, jewellery, or perfume/cologne.
3. Please remove all nail polish and artificial nails (if possible) prior to surgery.
4. **For morning surgeries:** you may **not** have anything to eat or drink, **including water**, after midnight the night before your appointment. Do not eat a meal right before midnight.
5. **For afternoon surgeries after 1:00pm:** you may **not** have anything to eat or drink **including water**, past 7:00 am. Prior to 7:00am, you may have 2 slices of **dry** toast (no butter) and some water, clear juice (apple or cranberry), black coffee or tea before your cut off time. No dairy products at all or breakfast substitutions. **If you eat something other than dry toast, your surgery may be cancelled for your safety.** If your surgery is cancelled due to noncompliance you will be charged \$360.00.
6. Please do not drink alcohol within the 24 hours before your surgery. Do not use recreational drugs within 72 hours of your surgery.
7. It is absolutely **necessary** that you have a responsible adult with you to escort you home even if you go home in a taxi/Uber. You **must** have a responsible adult stay with you the remainder of the day.
8. Do not plan to participate in any activities, make any important decisions or operate a motor vehicle following your surgical appointment.
9. Arrange in advance for 3-5 days of recovery time.
10. Please remember to bring your health card or driver’s license for prescription purposes.
11. Our office requires 2 business days notice for any surgical cancellations. A \$360.00 fee will be incurred for short notice cancellations.
12. Please visit our website and watch the following videos to help prepare you for your surgery:
 - Surgical Walk Through
 - Post-Operative/Home Care Instructions
 - Post Operative Pain Management

Payment

Full payment for treatment is collected on the day of the surgery via Mastercard, Visa, Debit, and cash. No cheques or AMEX are accepted. **If you have concerns regarding full payment, please speak to us in advance of your surgical appointment.**

Please note: we do offer electronic filing of your dental claim, if you have insurance. Your insurance company will **reimburse you**. We do not accept payment directly from insurance companies in the majority of situations.

Your appointment is booked for: _____ **(Please arrive 10 mins. early)**

Your cut off time for food and drink is: _____